

**I invite you all to entertain the idea that recovery from the life problems that we commonly refer to as mental illness is possible to an extent that at this point we can hardly imagine. Secondly, I ask you to be my partner in having this uncommon occurrence become the accepted norm.**

**Len Lempa  
Chicago, IL  
September 13, 2013**

**Open Dialogue Presentation by Len Lempa at Heartland Alliance Harm Reduction Conference, September 13, 2013. To contact Len Lempa via email [lenlemp@yahoo.com](mailto:lenlemp@yahoo.com) or 847-710-4846. Also available on Facebook.**

### **Open Dialogue Approach links**

**Institute for Dialogic Practice, Haydenville, Massachusetts—Open Dialogue Training**  
<http://www.dialogicpractice.net/>

### **Descriptive and Research articles**

**Open Dialogue Approach: Treatment Principles and Preliminary Results of a Two- year Follow-up on First Episode Schizophrenia**  
<http://www.power2u.org/downloads/OpenDialogueApproach.pdf>

**The Open Dialogue Approach to Acute Psychosis—Its Poetics and Micropolitics**  
<http://www.theicarusproject.net/files/OpenDialog-ApproachAcutePsychosisOlsonSeikkula.pdf>

**Finding out more about the “Open Dialogue” approach on the web**  
<http://recoveryfromschizophrenia.org/2010/10/finding-out-more-about-the-open-dialogue-approach-on-the-web/> Multiple links to info at this site.

### **Recommended Reading**

**Anatomy of an Epidemic** by Robert Whitaker

**Rethinking Madness** by Paris Williams

**Dialogic Meetings in Social Networks** by Jaakko Seikkula and Tom Erik Arnkil

**Psychosis as a Personal Crisis** by Marius Romme and Sandra Escher

**Also Mad in America Website and Blog--** <http://www.madinamerica.com/>

**Whitaker blog post--** <http://www.madinamerica.com/2013/07/harrow-wunkerlink-open-dialogue-an-evidence-based-mandate-for-a-new-standard-of-care/>

## **Organizations and Conferences to get more information**

### **International Society for Ethical Psychology and Psychiatry (ISEPP)**

Conference Nov 1-3, 2013 on Rethinking Mental Health Care for Children and Adolescents:  
Evidence and Experienced Based Alternatives to the Medical Model

[http://www.psychintegrity.org/2013\\_conference\\_info.php](http://www.psychintegrity.org/2013_conference_info.php)

**Foundation for Excellence in Mental Health Care**—many resources and links available at this website-- <http://femhc.org/Home.aspx>

### **International Society for Psychological and Social Approaches to Psychosis—US Chapter**

<http://www.isps-us.org/> Upcoming Conference in New Jersey Oct 4-6

## **Agencies that have made a training commitment to utilizing Open Dialogue Approach in their treatment activities**

**Advocates Inc., Marlborough, Massachusetts**

<http://www.advocatesinc.org/>

**Howard Center, Burlington, Vermont**

<http://www.howardcenter.org/home>

**Gould Farm, Monterey, Massachusetts**

<http://www.gouldfarm.org/>

**Prakash Ellenhorn, Cambridge, Massachusetts**

<http://www.prakashellenhorn.com/>

## **Video links on Open Dialogue**

**Jaakko Seikkula on Open Dialogue—2009**

<http://www.youtube.com/watch?v=ItZkWsliQww>

**More recent—Jaakko Seikkula**

<http://www.youtube.com/watch?v=ywtPedxhC3U>

**Dan Mackler Open Dialogue documentary**

<http://www.youtube.com/watch?v=aBjIvnRFja4>

<http://www.youtube.com/watch?v=syfVHsSkcR0>

## **Other Alternative Approaches to Consider**

**Soteria House model as currently practiced at Soteria Alaska and Soteria Vermont.**

