

FEEL INSPIRED

BEING THE DIFFERENCE

On October 11, Heartland Alliance celebrated the bold and courageous actions we are taking to create a future of equity and opportunity for all at our Annual Dinner.

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SAYID'S STORY

Triggered from the traumas during his experiences in Syria and as a refugee of war, Sayid's depression and anxiety came later in life. Sayid and his family had to flee the Syrian Civil War approximately five years ago.

They ran from bombs, from soldiers, from food and water shortages they ran from everything they once knew to find peace.

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BE INFORMED



ENDING TORTURE

Academics, health professionals, and torture survivors come together to end torture at the Marjorie Kovler Center's Torture Symposium. Via WBEZ.

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NIJC AND DACA

NIJC Lawyer and DACA recipient talks about building a life in harsh immigration climate. Via NPR.

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LGBTQ HOUSING

Local theatre troupe providing free entertainment for Town Hall residents. Via Broadway World.

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MIDWEST LABOR TRAFFICKING

Our Freedom From Trafficking Team discusses how labor trafficking is a very real problem in Chicago. Via CBS Madison.

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SNAP AND HUNGER

Our Social Impact Research Center is fighting to ensure food-insecure have resources. Via Gazette Chicago.

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#PROTECTFAMILIES

The Trump administration wants to block immigrant families and scare them away from having a secure future in the U.S.

[TAKE ACTION ▶](#)

LOOK INSIDE



**FIRAS MAHDI OF
HEARTLAND
ALLIANCE'S IFACES**



Firas is a case manager for Heartland Alliance Health's International Family Adult and Child Enhancement Services (IFACES) program – which connects refugees

and asylees with mental health services and their new communities. A former refugee himself, Firas believes in the transformative power of the IFACES program – and sees just how impactful mental healthcare can be for new Americans.

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GET INVOLVED



MARK YOUR CALENDARS

Holiday Brunch
Sunday, December 2, 2018
11 a.m. – 2:30 p.m.
Four Seasons Hotel
Chicago, IL

[BUY TICKETS ▶](#)



HARVEST FOR HOPE

Help to ensure the holidays are happy for ALL. Start a Harvest for Hope food drive to provide healthy food and quality nutrition to low income individuals around the city.

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GET READY TO VOTE

Are you registered? Do you know where your polling place is? Want to know who's on the ballot?

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SOUND OFF

Tell us what you think about the e-newsletter.

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Equity. Opportunity. **FOR ALL.**

We believe society is better for all of us when everyone can participate, prosper, and reach their full potential.

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